

**2009 Youth Risk Behavior Survey
Montana Nonpublic Accredited Schools
Trend Report**

<i>Injury and Violence</i>	1997	1999	2001	2003	2005	2007	2009
Percentage of students who . . .							
Rode a bicycle and never or rarely wore a bicycle helmet during the past 12 months					64.1	72.7	75.5
Never or rarely wore a seat belt when riding in a car driven by someone else					7.5	9.6	6.8
Never or rarely wore a seat belt when driving a car					9.7	13.5	9.1
Rode in a car driven by someone who had been drinking alcohol during the past 30 days					31.2	26.1	20.6
Drove a car when they had been drinking alcohol during the past 30 days					17.0	15.2	7.2
Carried a weapon such as a gun, knife, or club during the past 30 days					14.6	17.7	11.1
Carried a gun during the past 30 days					6.2	8.3	3.1
Carried a weapon on school property during the past 30 days					4.0	6.0	1.9
Did not go to school because they felt unsafe at school or on their way to or from school during the past 30 days					3.7	2.7	3.1
Had been threatened or injured with a weapon on school property during the past 12 months					6.5	5.8	2.2
Had property such as their car, clothing, or books stolen or deliberately damaged on school property during the past 12 months					30.4	23.8	Not asked
Were in a physical fight during the past 12 months					32.8	28.4	25.6
Were injured in a physical fight that required medical treatment during the past 12 months					5.6	2.9	1.3
Were in a physical fight on school property during the past 12 months					10.5	9.9	6.0
Were hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months					11.9	9.9	7.6
Have ever been physically forced to have sexual intercourse when they did not want to					8.6	7.7	6.9
Had been bullied on school property during the past 12 months							21.3
Had been electronically bullied, such as through e-mail, chat rooms, instant messaging, Web sites, or text messaging during the past 12 months							22.4
Felt so sad or hopeless for two weeks or more in a row that they stopped doing some usual activities during the past 12 months					28.4	22.8	19.0
Seriously considered attempting suicide during the past 12 months					17.4	11.9	12.6

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Made a plan about how they would attempt suicide during the past 12 months					13.7	11.8	9.5
Actually attempted suicide during the past 12 months					10.8	11.7	10.9
Had a suicide attempt resulting in injury, poisoning, or overdose that required medical treatment during the past 12 months					2.8	3.7	0.9

<i>Tobacco Use</i>	1997	1999	2001	2003	2005	2007	2009
Percentage of students who . . .							
Ever tried cigarette smoking					50.2	40.6	32.9
Smoked a cigarette before age 13					14.6	13.9	3.5
Smoked a cigarette on one or more of the past 30 days ("current")					25.2	17.6	8.8
Smoked cigarettes on 20 or more of the past 30 days ("frequent")					5.6	7.5	1.5
Among current smokers, smoked more than 10 cigarettes per day on the days they smoked during the past 30 days					1.2	2.1	0.0
Usually got their cigarettes by buying them in a store or gas station during the past 30 days					39.2	28.6	32.1
Smoked cigarettes on school property during the past 30 days					7.8	5.6	0.6
Ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days ("regular")					15.5	15.4	5.6
Among current smokers, tried to quit smoking during the past 12 months					64.7	67.0	44.4
Used chewing tobacco, snuff, or dip during the past 30 days					14.9	9.9	7.9
Used chewing tobacco, snuff, or dip on school property during the past 30 days					10.2	5.6	4.7
Smoked cigars, cigarillos, or little cigars during the past 30 days					13.9	14.2	12.5

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<i>Alcohol and Other Drug Use</i>	1997	1999	2001	2003	2005	2007	2009
Percentage of students who . . .							
Had at least one drink of alcohol during their life					79.7	65.5	66.1
Had first drink of alcohol before age 13					21.6	19.5	13.5
Had at least one drink of alcohol during the past 30 days ("current")					45.8	36.0	30.3
Had five or more drinks of alcohol in a row during the past 30 days ("binge drink")					33.4	26.1	18.2
Among current users of alcohol, usually got the alcohol they drank from someone who gave it to them during the past 30 days					Not asked	30.8	38.9
Had at least one drink of alcohol on school property during the past 30 days					7.1	5.1	1.6
Used marijuana during their life					41.6	32.7	24.3
Tried marijuana before age 13					9.9	11.3	1.6
Used marijuana during the past 30 days ("current")					25.5	18.1	10.7
Used marijuana on school property during the past 30 days					5.3	4.2	1.6
Used any form of cocaine during their life					7.8	5.2	2.8
Used any form of cocaine during the past 30 days ("current")					3.1	1.5	1.3
Used inhalants during their life					14.4	13.2	9.7
Were offered, sold, or given an illegal drug on school property during the past 12 months					22.3	16.2	16.5

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Percentage of students who . . .							
Used heroin during their life					0.9	1.3	0.9
Used methamphetamines during their life					7.2	4.5	0.9
Used ecstasy during their life					3.4	5.1	2.5
Took steroid pills or shots without a doctor's prescription during their life					3.7	2.0	0.6
Used a needle to inject any illegal drug into their body during their life					1.5	1.0	0.9
Were offered, sold, or given an illegal drug on school property during the past 12 months					22.3	16.2	16.5

<i>Sexual Behaviors</i>	1997	1999	2001	2003	2005	2007	2009
Percentage of students who . . .							
Ever had sexual intercourse					39.6	32.1	31.5
Had sexual intercourse before age 13					3.8	7.0	1.9
Had sexual intercourse with four or more people during their life					1.5	11.5	6.9
Had sexual intercourse during the past three months ("current")					26.8	21.1	19.4
Drank alcohol or used drugs before last sexual intercourse					35.2	39.7	19.0
Currently sexually active and used a condom during last sexual intercourse					56.6	78.4	76.6
Currently sexually active and used birth control pills to prevent pregnancy before last sexual intercourse					15.7	11.9	17.5
Had ever been taught about AIDS or HIV infection					86.5	81.8	74.4

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<i>Weight Management and Dietary Behaviors</i>	1997	1999	2001	2003	2005	2007	2009
Percentage of students who . . .							
Described themselves as slightly or very overweight					36.4	27.0	24.2
Were trying to lose weight					48.9	39.1	42.5
Exercised to lose weight or to keep from gaining weight during the past 30 days					67.0	59.4	58.1
Ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days					43.8	34.1	38.7
Went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days					9.0	8.8	9.5
Took diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days					3.7	5.0	3.2
Vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days					6.0	4.5	6.1
Drank 100% fruit juices during the past seven days					86.6	87.1	83.8
Ate fruit during the past seven days					91.9	93.2	96.2
Ate green salad during the past seven days					83.2	77.7	76.3
Ate potatoes during the past seven days					73.4	78.4	75.0
Ate carrots during the past seven days					62.5	63.2	61.6
Ate other vegetables during the past seven days					88.0	86.1	87.7
Drank at least one can, bottle, or glass of soda or pop daily during the past seven days						22.0	19.2
Drank three or more glasses per day of milk during the past seven days					21.1	20.2	19.5

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<i>Physical Activity</i>	1997	1999	2001	2003	2005	2007	2009
Percentage of students who . . .							
Were physically active for a total of at least 60 minutes per day on five or more of the past seven days					37.8	49.0	57.2
Watched three or more hours per day of TV on an average school day					21.7	18.6	18.3
On an average school day, played 3 or more hours of video or computer games or used a computer for something not school-related						12.7	12.1
Attended physical education (PE) classes on one or more days in an average week when they were in school					61.2	58.1	57.4
Attended physical education (PE) classes daily in an average week when they were in school					14.9	19.9	11.3
Played on one or more sports teams during the past 12 months					82.5	75.4	82.2

<i>Other</i>	1997	1999	2001	2003	2005	2007	2009
Percentage of students who . . .							
Had ever been told by a doctor or nurse that they had asthma					23.6	21.9	23.9
Had been told by a doctor or nurse that they have had asthma and who still have asthma						12.9	14.4